


Youth & Young Adult AlzSu Support Group

HEART AND SOUL IS DEDICATED TO PROVIDING A
NON CLINICAL SPACE FOR YOUTH AND YOUNG
ADULTS TO EXPRESS AND SPEAK FREELY WITHOUT
JUDGEMENT



HOPE
AND HEALING
HEART AND SOUL.

EVERY 3RD SATURDAY: 9-10:30 AM NO REGISTRATION REQUIRED,
FOR ALL INQUIRIES EMAIL INeedSupport@heartandsoulinc.org.
IF YOU ARE IN CRISIS AND NEED IMMEDIATE ASSISTANCE, PLEASE
DIAL 988 OR GO TO YOUR LOCAL EMERGENCY ROOM

ZOOM ID #: 827 2064 7565
PASSWORD : 344705