

Come join the Heart and Soul Men's Group. Get support and feedback through talking about what's going on for you and hearing other's stories.

All men are welcome. so please ioin us and invite your friends.

The second Wednesday of each month 6:00 - 7:00 pm Via Zoom

JOIN ZOOM MEETING:

https://us06web.zoom.us/j/6736385879?pwd=cWszRE80NnpHR2dDZ2V3cEg4MmRDZz09

Meeting ID: 673 638 5879 Passcode: 873289 One tap mobile +16699006833, 85246040724# US (San Jose)

Open Discussion
 Check-ins
 Support Group



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