

This Week at Heart & Soul

MONDAY 5/6	<p>Monday Movie Matinee 12:00 pm - 3:00 pm <i>In-Person at Burlingame Community Drop-In Center</i></p> <p>Photography for Wellness 3:00 - 4:00 pm <i>In-Person at Burlingame Community Drop-In Center</i></p> <p>WRAP Support Group 3:30 - 5:00 pm JOIN ZOOM MEETING: https://us06web.zoom.us/j/88678041239?pwd=MFijVIZwZFBleG9OME1GVmN6bnErdz09</p>
TUESDAY 5/7	<p>Zentangles 11:00 am - 12:30 pm <i>In-Person at Burlingame Community Drop-In Center</i></p> <p>Family Support Circle 12:30 - 2:00 pm JOIN ZOOM MEETING: https://us06web.zoom.us/j/82363351925</p> <p>In-Person Group at Coastsides 1:00 - 2:00 pm <i>Coastside County Clinic, 225 South Cabrillo Highway, Suite 100A, Half Moon Bay, CA 94019</i></p>
WEDNESDAY 5/8	<p>Virtual Drop-In Hours 10:00 am - 11:00 am JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09</p> <p>In-Person Group at Friends of Hope 11:00 am - 1:30 pm <i>Central County Clinic, 1950 Alameda de las Pulgas, San Mateo, CA 94403</i></p> <p>In-Person Group at True Hope 11:30 am - 1:30 pm <i>North County Clinic, 375 89th Avenue, Daly City, CA 94015</i></p> <p>Men's Support Group https://us06web.zoom.us/j/6736385879?pwd=cWszRE80NnpHR2dDZ2V3cEg4MmRDZz09</p>
THURSDAY 5/9	<p>Total Wellness Club Online 11:00 am - 12:00 pm JOIN ZOOM MEETING: https://zoom.us/j/97767941774?pwd=SjBuSUxNSGliVIU2K1pCMUVZbGI1Zz09 Meeting ID: 977 6794 1774 Passcode: 123456</p> <p>Bingo 1:00 pm <i>In-Person at Burlingame Community Drop-In Center</i></p> <p>Mindful Movement 2:00 pm <i>In Person at Burlingame Community Drop-In Center</i> OR VIRTUAL OPTION JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09</p> <p>Hearing Voices Support Group 3:30 - 5:00 pm JOIN ZOOM MEETING: https://us06web.zoom.us/j/86153025168?pwd=eG9ybithSDNYdHR1YTRhbXVrK1JxZz09</p>
FRIDAY 5/10	<p>In-Person Group at Friends of Hope 11:00 am - 2:00 pm <i>Central County Clinic, 1950 Alameda de las Pulgas, San Mateo, CA 94403</i></p> <p>True Hope Friday Movie Night 3:00 pm - 7:00 pm <i>North County Clinic, 375 89th Avenue, Daly City, CA 94015</i></p>
SATURDAY 5/11	<p>Alternatives to Suicide for Youth & Young Adults 9:00 - 10:30 am JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09</p>