

This Week at Heart & Soul

MONDAY 2/12	Monday Movie Matinee 12:00 pm - 3:00 pm <i>In-Person at Burlingame Community Drop-In Center</i> Photography for Wellness 3:00 - 4:00 pm <i>In-Person at Burlingame Community Drop-In Center</i> Virtual Drop-In Hours 4:00 - 5:00 pm JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09
TUESDAY 2/13	Zentangles 11:00 am - 12:30 pm <i>In Person at Burlingame Community Drop-In Center</i>
WEDNESDAY 2/14	Virtual Drop-In Hours 10:00 am - 11:00 am JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09 In-Person Group at Friends of Hope 11:00 am - 1:30 pm <i>Central County Clinic, 1950 Alameda de las Pulgas, San Mateo, CA 94403</i> In-Person Group at True Hope 11:30 am - 1:30 pm <i>North County Clinic, 375 89th Avenue. Daly City, CA 94015</i> NEW TIME...Men's Support Group 6:00 pm - 7:00 pm JOIN ZOOM MEETING: https://us06web.zoom.us/j/6736385879?pwd=cWszRE80NnpHR2dDZ2V3cEg4MmRDZz09
THURSDAY 2/15	Total Wellness Club Online 11:00 am -12:00 pm JOIN ZOOM MEETING: https://zoom.us/j/97767941774?pwd=SjBuSUxNSGllVIU2K1pCMUVZbGl1Zz09 Meeting ID: 977 6794 1774 Passcode: 123456 Bingo 1:00 pm <i>In Person at Burlingame Community Drop-In Center</i> Mindful Movement 2:00 pm <i>In Person at Burlingame Community Drop-In Center</i> OR VIRTUAL OPTION JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09 Alternatives to Suicide Support Group 3:30 - 5:00 <i>In Person at Burlingame Community Drop-In Center</i>
FRIDAY 2/16	In-Person Group at Friends of Hope 11:00 am - 2:00 pm <i>Central County Clinic, 1950 Alameda de las Pulgas, San Mateo, CA 94403</i> True Hope Friday Movie Night 3:00 pm - 7:00 pm <i>North County Clinic, 375 89th Avenue. Daly City, CA 94015</i>
SATURDAY 2/17	Alternatives to Suicide for Youth & Young Adults 9:00 - 10:30 am JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09 Movie & Pizza 12:00 pm <i>In Person at Burlingame Community Drop-In Center</i>