



OCTOBER 2022



Total Wellness Club Online Activities

OCTOBER IS INTERNATIONAL PEER SUPPORT MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>You are invited to visit our new home!</i></p> <p>Heart & Soul OPEN HOUSE Wednesday, October 26 • 3:00 – 6:00 pm</p> <p>1633 Bayshore Hwy. Suite 258, Burlingame, CA 94010 For details, go to our website: www.heartandsoulinc.org</p>						<p>1</p> <p>Saturday Coffee Chat 11:00 am https://us06web.zoom.us/j/83082868367</p>
<p>2</p>	<p>3</p>	<p>4</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>5</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p>	<p>6</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>7</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p> <p>Friday Fun Group 7:00 pm https://us06web.zoom.us/j/82363494819</p>	<p>8</p> <p>Saturday Coffee Chat 11:00 am https://us06web.zoom.us/j/83082868367</p> <p>Men's Group 4:00 pm https://us06web.zoom.us/j/85246040724</p>
<p>9</p>	<p>10</p> <p>INDIGENOUS PEOPLES' DAY</p>	<p>11</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>12</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p>	<p>13</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>14</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p> <p>Friday Fun Group 7:00 pm https://us06web.zoom.us/j/82363494819</p>	<p>15</p> <p>Saturday Coffee Chat 11:00 am https://us06web.zoom.us/j/83082868367</p>
<p>16</p>	<p>17</p>	<p>18</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>19</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p>	<p>20</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>21</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p> <p>Friday Fun Group 7:00 pm https://us06web.zoom.us/j/82363494819</p>	<p>22</p> <p>Saturday Coffee Chat 11:00 am https://us06web.zoom.us/j/83082868367</p>
<p>23</p>	<p>24</p>	<p>25</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>26</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p> <p>3:00 – 6:00 pm OPEN HOUSE</p>	<p>27</p> <p>TW Club FOH 11:00 am https://us06web.zoom.us/j/87852899543</p>	<p>28</p> <p>TW Club True Hope 11:00 am https://zoom.us/j/97767941774?pwd=SjBxSUxNSGllVlU2K1pCMUVZbG1Zz09</p> <p>Friday Fun Group 7:00 pm https://us06web.zoom.us/j/82363494819</p>	<p>29</p> <p>Saturday Coffee Chat 11:00 am https://us06web.zoom.us/j/83082868367</p>
<p>30</p>	<p>31</p> <p>Boo! Happy Halloween</p>					

EVERYONE IS WELCOME HERE

