

This Week at Heart & Soul

<p>MONDAY 7/15</p>	<p>Photography for Wellness 3:00 – 4:00 pm <i>In-Person at Burlingame Community Drop-In Center</i></p> <p>WRAP Support Group 3:30 – 5:00 pm JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09#success</p>
<p>TUESDAY 7/16</p>	<p>Zentangles 11:00 am – 12:30 pm <i>In-Person at Burlingame Community Drop-In Center</i></p>
<p>WEDNESDAY 7/17</p>	<p>Virtual Drop-In Hours 10:00 am - 11:00 am JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09</p> <p>In-Person Group at Friends of Hope 11:00 am – 1:30 pm <i>Central County Clinic, 1950 Alameda de las Pulgas, San Mateo, CA 94403</i></p> <p>In-Person Group at True Hope 11:30 am – 1:30 pm <i>North County Clinic, 375 89th Avenue. Daly City, CA 94015</i></p>
<p>THURSDAY 7/18</p>	<p>Total Wellness Club Online 11:00 am -12:00 pm JOIN ZOOM MEETING: https://zoom.us/j/97767941774?pwd=SjBuSUxNSGIiVIU2K1pCMUVZbGI1Zz09 Meeting ID: 977 6794 1774 Passcode: 123456</p> <p>Bingo 1:00 pm <i>In-Person at Burlingame Community Drop-In Center</i></p> <p>Mindful Movement 2:00 pm <i>In Person at Burlingame Community Drop-In Center</i> OR VIRTUAL OPTION JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09</p> <p>Alternatives To Suicide Adults 3:30 - 5:00 pm <i>In-Person at Burlingame Community Drop-In Center</i></p>
<p>FRIDAY 7/19</p>	<p>In-Person Group at Friends of Hope 11:00 am – 2:00 pm <i>Central County Clinic, 1950 Alameda de las Pulgas, San Mateo, CA 94403</i></p> <p>True Hope Friday Movie Night 3:00 pm – 7:00 pm <i>North County Clinic, 375 89th Avenue. Daly City, CA 94015</i></p>
<p>SATURDAY 7/20</p>	<p>Alternatives To Suicide for Youth & Young Adults 9:00 – 10:30 am JOIN ZOOM MEETING: https://us06web.zoom.us/j/82720647565?pwd=OUNNR0p1M1FNSUdENkIPN2FycExwZz09</p>